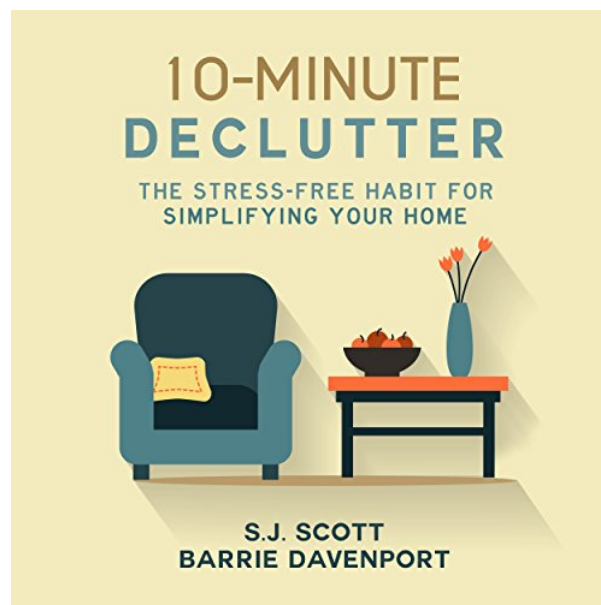


10-MINUTE DECLUTTER: THE STRESS-FREE HABIT FOR SIMPLIFYING YOUR HOME BY S.J. SCOTT, BARRIE DAVENPORT



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SIMPLIFYING YOUR HOME



**S.J. SCOTT
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10-MINUTE DECLUTTER: THE STRESS-FREE HABIT FOR SIMPLIFYING YOUR HOME BY S.J. SCOTT, BARRIE DAVENPORT PDF

Imagine living in a home that's free from clutter. Your closets, cabinets and possessions are all completely organized. Wouldn't you feel relaxed?

You can make this happen with the daily decluttering habit. The good news? You can do this even if you're a busy professional or a parent who has little time for a massive organizing project. All you need is 10 minutes a day and you'll be amazed at what can be accomplished with the following "Declutter Challenge" system.

Learn how to develop the declutter mindset and release "giveaway guilt".

The best way to simplify your life is to create a new mindset where "less is actually more". Too much clutter leaves you emotionally and physically drained. What you will learn is how to reclaim your life by letting go of your stuff.

In the book 10-Minute Declutter we show you how to declutter, the best way to organize every space in your house and what supplies you'll need to get started.

Download 10-Minute Declutter: The Stress-Free Habit for Simplifying Your Home

The following declutter book provides a step-by-step plan for sorting, purging, and organizing every space in your house in small, easy-to-manage time slots.

We will cover:

- Eight reasons why you haven't decluttered
- 14 benefits of minimalist living
- Eight steps to form the decluttering habit
- How to pick the first project in your home
- 15 vital questions to ask before starting a project
- How to prepare and stage your clutter
- Specific steps for each 10-minute project in every room
- How to make money with your clutter (or get a major tax deduction)
- A detailed shopping list of organizing supplies you'll need

You can simplify your home without feeling stressed or overwhelmed.

- Sales Rank: #3215 in Audible
- Published on: 2015-07-17

- Format: Unabridged
- Original language: English
- Running time: 180 minutes

Most helpful customer reviews

74 of 75 people found the following review helpful.

Practical Tips for Decluttering Daily

By Stephanie Anderson

I really enjoy all of Steve's books. His style of writing is very practical and easy to understand, and the steps he lays out in his books are easy to implement. This book was no different. He and Barrie clearly lay out a practical, easy way to declutter your house in just ten minutes a day by creating a decluttering habit. There are multiple tips for establishing this habit as part of your daily routine. The second half of the book talks about how to actually declutter different areas of the house, which is very helpful if you don't know where to start or you want some practical tips on how to declutter one area, like the kitchen.

I bought the book yesterday and implemented it right away. While I was cooking dinner, I cleaned out one cupboard.

Overall, this was an easy and great read. If you want practical ideas for getting rid of clutter, I would highly recommend this book.

47 of 51 people found the following review helpful.

The book you need but don't know you need!

By Lise C

I guess it depends where you live... declutter/unhoarding, I think they're the same thing and I'm raising my hand to admit I'm unfortunately a hoarder, much to my husband's distress! I can totally relate to most of the "8 Reasons Why You Haven't Decluttered", in particular points 2, 3, 7 and 8. Eek, I never thought I'd actually relate to so many when I first opened the book...

My fave chapter is the one called "How to Cash-in with Your Clutter" because it makes me feel better knowing that I'm not losing money and that those items I've held onto for so long can be of use to someone else.

I love the conversational tone of the book and the way it's split into sections, making it easy to just jump straight to the areas you need to fix immediately, without having to wade through the entire book.

Barrie and SJ know their stuff!

50 of 57 people found the following review helpful.

Wow! A Prime Plan For Decluttering With a 10 Minute Habit and In-Depth Room By Room Detail! Great Book

By Teri Hanna

Wow! Great title and book from the "Habit Guru" S.J. Scott and Barrie Davenport. If you have some clutter at your house like I do--you need this book, '10-Minute Declutter: The Stress-Free Habit For Simplifying Your Home'. In reading this book I found some real gems about taking care of some problem areas in my office with strategies that will make the job easily manageable in 10 minute increments. Scott and Davenport give clear and concise actionable strategies anyone can implement in short bursts of time. In this book, I learned that with daily decluttering habits, mindset and commitment any clutter can be tackled and order can be restored--here's an action plan to get it done! The authors cover 14 benefits of decluttering, why we hold

on to our possessions, how to cash in on our clutter, how to form a decluttering habit in 8 steps, and creating rewards for your success, the best room to start in, 15 questions to ask as you declutter, such as 'Do I already own something similar?' Something I never thought about is covered very well in this book-How to Stage Your Declutter Habit--and supplies to buy to begin that will make you more effective. What I really love is the detail checklist for each room and how to tackle it, such as kitchens and maybe keeping your counters unclutter free zones, how to declutter the laundry room and sorting kids toys-that's a big one at our house. I'm going to start with their suggestion for the desk and using "zones" and digitizing important papers easily. Great book for anyone who has gathered a small amount of clutter all the way to the well-cluttered home. I highly recommend this new habit book from S.J Scott and Barrie Davenport to those who can't even begin to declutter but who long to make better use of their space. Grab a copy today and be inspired to get organized--and see how it changes so many things in your life including your happiness! I highly recommend this book!

[See all 187 customer reviews...](#)

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